

## Vibrant Festivals Celebrating The Birth of Sri Krishna

### National Sri Krishna Janmashtami Celebrations 2019

Every year the Australian School of Meditation & Yoga celebrates the most auspicious day of the year – Sri Krishna Janmashtami – with colourful, devotional festivities held across the country.

Growing in size every year, Sri Krishna Janmashtami saw communities in Brisbane, Sydney, Gold Coast, Adelaide, Melbourne & Darwin come together for our biggest celebrations yet!

Each location featured a breathtaking altar setup with Krishna at the centre, including a space where attendees could take part in the beautiful devotional practice of abhishekam and enjoy arati workshop. Participants were welcomed with the sacred sounds of kirtan & bhajans glorifying Krishna. World renowned Vedic teachers Acharya das & Radha Krishna das shared the story of Krishna's appearance in this world, bringing inspiration to the heart. A traditional Indian inspired feast was shared by everyone while having the chance to connect with like-minded people.

Gold Coast & Brisbane also featured intricate dioramas showcasing the different pastimes of Sri Krishna in Vrindavan.

Krishna's birthday is a beacon of hope & light amidst the troubles of this world, and each year it has been amazing to see the clear effect of the festivities on each person with their happy faces and clearly touched hearts.

As an auspicious day we can all appreciate regardless of religion, this is the perfect opportunity for our broader community to come together to celebrate, learn more about Krishna and give heartfelt thanks for the joy that worshipping Krishna, not just on this day but everyday, can bring to the hearts of all.

Who is Krishna?

Krishna is the original father of ourselves and everything else. He is the origin of each and every one of us. He is our father, our mother, our refuge, our support, our most dear friend. When we speak of Krishna, we are speaking of the Supreme Personality of Godhead, the cause of all causes, the original person. When we speak of Krishna, we're speaking of the perfect friend.

Lord Krishna appears in this world because of His divine love for all living beings and for Mother Earth herself. When Krishna appears in this world, it is by His grace that we are able to appreciate Him for what He is, for Who He is. If we want to know Krishna as He is, then we will appreciate His appearance and the nature of His transcendental form.

You can read more about Krishna here: <https://wisdom.yoga/who-is-krishna/>

By Janina Stokes

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Find out more about Janmashtami here: <http://janmashtami.com.au/>

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